

BEATRICE SIGRIST CHARBONNIER, PH.D., PCC, SEP

Beatrice is an ICF-accredited Professional Certified Coach (PCC) and a Ken Blanchard Companies® accredited Leadership Coach. She is skilled in creating stimulating, trusting, and insightful relationships with C suite senior executives and with women leaders at all levels to help them unleash their leadership potential with more energy, confidence, and courage.

Passionate about leadership development, her expertise is in enhancing the awareness and effective management of individual, team, and organizational dynamics in order to have more fun and fulfillment together while achieving bottom-line results; increasing clients' ability to engage in constructive conflict resolution and smart negotiations, to build on big ideas, and to conduct onboarding; and enhancing overall effectiveness by being more energized, confident, and courageous in virtual environments while increasing productivity and contributions to the P&L.

Beatrice's previous leadership roles include working with the Big Four consulting companies. She has a proven track record of improving business performance. Beatrice built venture capital business in Asia and cofounded a startup that got successfully financed. She lectured on venture capital and entrepreneurship at Renmin University, Beijing, and worked as a credit saving expert, developing the conditions of success through financial services worldwide.

Beatrice earned her PhD in Business Administration from the Universities of Basel and Geneva (Entrepreneurship: Opportunity Recognition). She also holds a Master's degree in Sociology from the École des Hautes Études en Sciences Sociales in Paris, and a Master's degree in economics from the University of Bern. She is a certified Advanced Core Coach, committed to the highest coaching standards as a member of the ICF Board of Switzerland. Beatrice is a member of the board at the Swiss Expert Network on Burnout, and an affiliate member of the Institute of Coaching Professional Association, McLean Hospital, Harvard Medical School. She earned a diploma as a Team Coach at Executive Coach Studio, London, and a diploma in Peter Levine's Somatic Experiencing® a mind-body approach to self-regulate high states of arousal and intense emotions.

Beatrice's native language is German, she is fluent in English and French, and she coaches in all three languages. Beatrice is a married mother of three in Zurich; she enjoys art, food, yoga, zen, and swimming.



PRAISE

"Beatrice is an excellent listener and does an effective job of reflecting back what she has heard and, by that, helps me gain a new thought pattern. She has enhanced my capability to increase my self-confidence and to know what is best and how to make it happen. I trust her and can highly recommend her."

—Head of Risk & Compliance, Banking

"I would highly recommend Beatrice to anyone looking to make a successful career transition. She helped me stay focused while holding me accountable for getting the work done. The result was rapid success in landing a new senior position. I enjoy working with Beatrice."

—Commercial Leader, Pharmaceuticals

"We participated in a team coaching engagement with Beatrice recently on overcoming a blockage to a leadership team. Beatrice did not judge or influence the team, but held each of us accountable for ourselves and for the actions we identified to move us toward our goal. I valued highly the opportunity to experience team coaching with her."

—Professional Service Industry.

Coaching Experience

- Collaboration with The Ken Blanchard Companies for Leadership Development
- Collaboration with Right Management for Talent Development and Outplacements
- Collaboration with Universities (St.Gallen, Berne)
- Collaboration with Universities of Applied Sciences in Lucerne and Northwestern Switzerland
- Collaboration with the Swiss National Foundation of Science
- Founder and Owner sigristcoaching since 2006 for Executive Coaching and Teamcoaching
- Board Member International Coach Federation (ICF) Switzerland (Vicepresident, Ambassador)

Qualifications in Coaching

- Leadership Coach Certification The Kenn Blanchard Companies (2023)
- Team-Coaching (Ben Furman 2003, Executive Coach Studio, London, 2019)
- Certified Coach (PCC), International Coach Federation (ICF)
- Best practice in Conflict and Mediation (Friedrich Glasl 2010, Bilgeri 2018)
- Future Advanced Core Coach (20014-2019 Future, Salzburg)
- Somatic Experience after Dr. Peter Levine (Diploma 2020)
- Systemic Brief Consulting (Kurszentrum Aarau 2001)

Professional Experience

- Key Account Manager Ernst & Young; Business Consultant Arthur Andersen
- Co-Founder Venture Capital Business Platform, Beijing
- Credit- und Saving Expert, International Labour Office
- Research Assistant Univeristy of Zurich

Education

- Ph.D. in Business Administration, Universities Basel and Geneva
- Masters in Sociology, D.E.A. Ecole des Hautes Etudes en Science Sociales, Paris
- Master in economics, University of Berne